

# **BOWEN STATE SCHOOL TUCKSHOP MENU 2008/9**

Our Tuckshop aims to provide a nutritious menu that is affordable and caters to the needs of our children.

**All morning tea and lunch orders  
must be handed in to the Tuckshop in separate bags by 8.45am each day.**

Bags are available from the Tuckshop.

## **AVAILABLE MORNING TEA (10:50am) & LUNCH (1:00pm) EVERYDAY**

<u><b>SANDWICHES / ROLLS</b></u>			<u><b>SNACKS</b></u> (* means available before school)	
	<u>Sandwich</u>	<u>Roll</u>		
Salad	\$2.30	\$2.50	*Yoghurt	\$1.40
Roast beef & salad	\$2.90	\$3.10	*Snack pak peaches	\$1.30
Chicken or Ham & salad	\$2.90	\$3.10	*Snack pak 2 fruit	\$1.30
Chicken or Ham, cheese & tomato	\$2.40	\$2.60	*Le Snack	\$1.10
Chicken or Ham, cheese & pineapple	\$2.40	\$2.60	*Tinned fruit & custard	\$1.00
Chicken, lettuce & mayo	\$2.40	\$2.60	*Sultanas	\$0.80
Egg, lettuce & mayo	\$2.10	\$2.30	*Cheese Stick	\$0.60
Egg (plain or curried)	\$1.40	\$1.60	*Piece of fruit	\$0.80
Chicken or Ham & cheese	\$2.30	\$2.50	*Frozen orange quarter	\$0.20
Vegemite & cheese	\$1.10	\$1.30		
<i>Toasted</i>	<i>\$0.20</i>	<i>\$0.20</i>		
<u><b>OTHER MEALS</b></u>			<u><b>DRINKS</b></u>	
Ham or Chicken & salad plate	L \$4.00	S\$3.00	* 600ml Water	\$1.00
Salad plate	L \$3.50	S \$2.50	* 300ml Flavoured Milk	\$1.80
Chicken & salad wrap	\$3.50		* 200ml Plain Milk	\$1.00
Spaghetti	\$3.50		* 100% Fruit Juice	
Fried rice	\$2.50		Popper	\$1.00
				<i>Variety of Ice Creams at various prices</i>

## **DAILY HOT FOOD SPECIALS**

(Only available on the advertised day)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pizza</b> ½ muffin with ham, pineapple & cheese	<b>Hot Dog</b>	<b>Lasagna</b> (Homemade)	<b>Roast &amp; Gravy Roll</b>	<b>Burgers</b> Fish & salad \$3.50 Chicken & salad \$3.00 Beef pattie & salad \$3.00
<b>\$1.00</b>	<b>\$3.00</b>	<b>\$4.00</b>	<b>\$3.50</b>	

**Slush Puppies available at Morning Tea only**

**\$1.50**

## **STATIONERY ITEMS**

Biros (red or blue)	\$0.90	Rulers	\$1.00	THRASS charts yr 1-3	\$7.00
Lead pencils	\$0.50	Glue pen	\$1.20	THRASS charts yr 4-5	\$4.50
Rubbers – small	\$0.50	Sharpener	\$0.45	Recorder	\$8.50
Rubbers – large	\$0.60			Hat	\$8.50
				Chair bag	\$11.50